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EVENTS  
SUPPLIERS  
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# WOW!

WHAT'S ON IN WING

July 2025



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- Our new Bucks Councillors
- Where to find a defibrillator
- Beware of bitey things on dogs
- Update on Whipsnade lion
- Seasonal recipes
- News from our MP
- Gardening
- Nature notes
- Farm news
- Sports roundup

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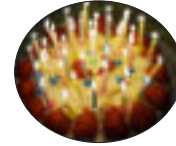


## Your Input is Needed!

What's On in Wing is a monthly magazine that should have interest for everyone in Wing.

To achieve this we welcome news about you, or your hobby club, sports club or social group in the village. If we have space this news will be included free of charge and can include photographs.

Do send an email with your news (no later than noon on 15<sup>th</sup> of any month) to: [editorial@whatsoninwing.info](mailto:editorial@whatsoninwing.info)



## Congratulations!

Special birthday wishes to Wing resident Eva Timmins, whose 102<sup>nd</sup> birthday was on 30 June.



We trust that this month's What's On in Wing contains information that you find of interest. This What's On is very much a government issue, with news from our MP, our new Unitary Councillors and our Parish Council.

Last month's issue included mention of Overstone Combined School's anniversary. We have follow-up on this from the school - and Cottesloe School also features this month.

The excitement of school holidays and family holidays will now be upon so many village families; we wish you all a very happy break.

Best wishes to all our readers from the What's On team.

The current month's issue of What's On in Wing can always be found online at: [www.whatsoninwing.info](http://www.whatsoninwing.info)



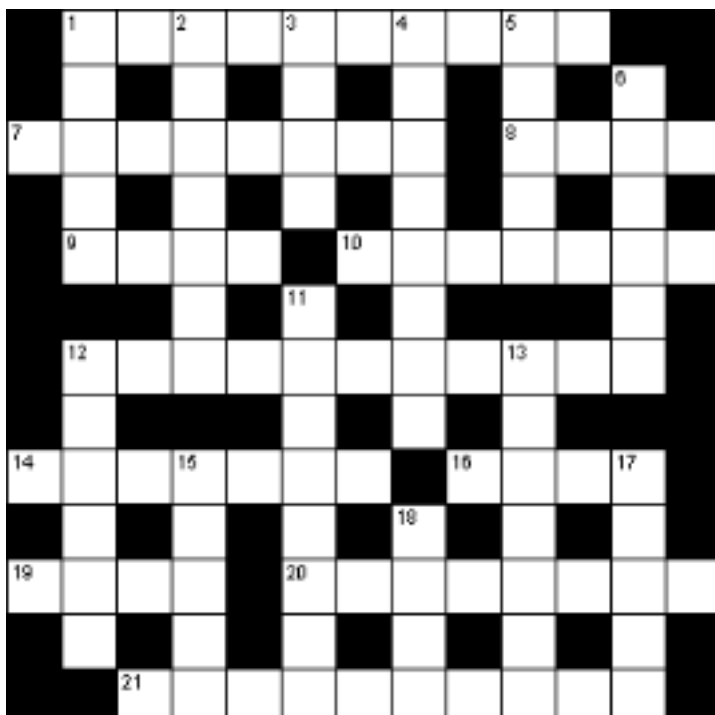
*Comments, criticisms and feedback are welcome. Contact us at: [editorial@whatsoninwing.info](mailto:editorial@whatsoninwing.info)*

### DEADLINES

If you are an occasional advertiser with WOiW, or are intending to advertise with us, please note that you **must now book your advertising space no later than NOON on 5<sup>th</sup> of the month before publication** (contact Jacqui at [advertising@whatsoninwing.info](mailto:advertising@whatsoninwing.info)). Space will then be held for you. The **absolute deadline** for receiving advertising material and editorial content is NOON on 15<sup>th</sup> of the month preceding publication.

*What's On In Wing is published by What's On Publishing CIC, registered number 14178082*

## Quick crossword



### Across

- 1 Dilapidated (10)
- 7 Amount (8)
- 8 Sluggish (4)
- 9 Pavement edge (4)
- 10 Dirigible (7)
- 12 Ungenerous behaviour (11)
- 14 Attack (7)
- 16 Cease (4)
- 19 Military vehicle (4)
- 20 U.S. state (8)
- 21 Near thing (5,5)

### Down

- 1 Lorry (5)
- 2 Dog of mixed breed (7)
- 3 Den (4)
- 4 Natural illumination (8)
- 5 Stinging insects (5)
- 6 Imitations (6)
- 11 Scoundrels (8)
- 12 Title given to a nun (6)
- 13 Baltic country (7)
- 15 Horrify (5)
- 17 Trophy (5)
- 18 In addition (4)

Solution  
p36

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July Services		
6	1100	Holy Communion
13	1100	Morning Prayer
20	0830 1100	BCP Communion People's Praise
27	1100	Holy Communion



*From the  
Team  
Rector*

## Fear and Chaos

*"In the beginning God made heaven and earth. And the earth was invisible and unformed; and darkness was upon the abyss, and the Spirit of God was rushing upon the water."  
Genesis 1:1-2*

The opening verses of the Bible start with darkness and a watery abyss. Some translations use the word chaos. This image is meant to be slightly unsettling. In some ancient cultures expanses of water represented the frightening forces beyond our control. Later in the gospels, even seasoned fishermen were unnerved when Jesus fell asleep during a storm in a boat on the Sea of Galilee. In the ancient mind, all manner of demons and uncontrollable evil was believed to lurk in the waters, which I also think was a metaphor for wider fears in society. Fear of chaos has been a powerful motivator over the centuries for people in power, with myths and propaganda used to stoke those fears. After the end of the book of Genesis, the Egyptian fear of Hebrew immigrants was used as a justification for Hebrew enslavement and their mass murder.

The book of Genesis probably reached the final written form we know today during the time of the Babylonian empire, around 600 BCE. The Jewish people, defeated and exiled, might have started to believe the propaganda that Babylonian dominance was for their greater good and that the other defeated nations had been part of the chaos which needed to be brutally suppressed. When those who are oppressed start to believe that they deserve that treatment this is called internalised oppression. But the

opening verses of Genesis reminded them that, at the very beginning, the symbolic chaos of the watery abyss, far from being the sum of their worst fears, was the place where the Spirit of God was moving, even rushing, in the work of creation.

Today we too are encouraged to worry about chaos and threats that might be about to overwhelm us. Whether these are the threats of small boats, cyclists on the road, or gender identity issues, we are at risk of being manipulated by powerful voices stoking up fears. Fears as simple as these can be used to justify a lack of basic human kindness, or even the loss of our own human rights. Jesus told his disciples that perfect love casts out fear.

So let's be like the Hebrew exiles. Let's remember our foundation stories in the Bible. Let's remember the saviour Jesus whose willing death on the cross, the ultimate Roman sanction against the forces of chaos, can set us free from the ultimate fear of death. Instead of allowing ourselves to be divided by our fears, let's be encouraged that at the beginning of creation, the watery chaos was the very place where the Holy Spirit was involved in an act of creation, so incredible that it is beyond our understanding!

Dominic Wright  
Team Rector



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Solution  
p36

## CODEWORD

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## News Needed

If you have Wing-related news about births, marriages or deaths, do send them to us for publication.

We would also welcome regular news about your club or society.

Email your news to: [editorial@whatsoninwing.info](mailto:editorial@whatsoninwing.info)

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# Country Notes

by **Iain Malin**  
from Canada



The year is flashing by and we are now halfway through. Soon it will be harvest time around Wing, school holidays, and it will seem as though the year has gone. Of course it hasn't, but the flowers will be setting seed and most of the birds will have finished breeding unless they are multi-brooded. Summer migrants will begin their moult so that they are in pristine condition to wend their way slowly through France, Spain and over the straits of Gibraltar to their wintering grounds. This is done at a much gentler pace than the spring migration - as any mum or dad would say, what do you expect with kids in tow!

In Canada, crops have just been sown and we are still praying for rain as usual. Where I am at the moment, and I may have mentioned this before, we are on the same latitude approximately as Madrid. Consequently, summers are hot if not somewhat short. We have just had a spell of 30C+ and currently average about 25C.

Things have moved fast on the nature front. The trees are now all in leaf!!! Yes, and all the summer migrants are now here although numbers are low for some. Breeding is now at full speed, although the curious thing is there is little bird song, such as around Wing. By that I mean a dawn chorus and it is easy picking out individuals. Consequently, on my daily trips out I spend my time looking for movement in the trees rather than listening for bird song. However it doesn't help that my hearing is not so good these days.

Here we seem to be going through a period where the dominant colour is yellow. There are 37 warbler species that come to breed in Canada, 18 of which have a greater or lesser degree of yellow in their plumage. On top of that there are American Goldfinches, Pine Siskins, Orioles, Meadowlarks, Yellow-headed Blackbirds, Grosbeaks, Tanagers and of course Vireos. The list goes on with varying amounts of yellow. What is it about yellow? Could it be to do with courtship, making birds easier to see in the foliage? I'm not sure but it certainly is not the case in England.



*Yellow Warbler*

Yellow Warblers are now singing a rather boring song, which is one

of the few that I managed to commit to memory. Like many of the birds they come for the insects, particularly mosquitoes, because of the vast amounts of standing freshwater. As I write the mosquitoes are just beginning to appear, although there should be fewer because many areas have dried up. I am one of those people who seems to attract them, so spend half my year trying to discourage them and not return from daily trips covered in painful lumps.

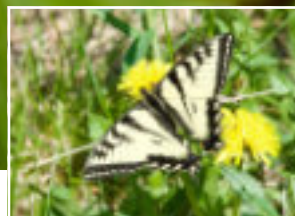
Because of the mosquitoes there are large numbers and varieties of flycatchers: Swallows, Martins, Kingbirds and even Hummingbirds. Around Wing and in much of England, because so much insecticide is used in agriculture, bird populations have crashed...no food no birds. Every day during summer here it is a daily ritual to debug the car windscreen - something not done in England since I was child.

Continuing the yellow theme the Lady's Slipper orchids have just appeared in the roadside ditches, joining the masses of Dandelions and Common Blanket flower.

The first of the butterflies are now on the wing and of course, as you might guess, the most notable are yellow. Clouded Sulphur are much like the Clouded Yellows that can be found around Wing most years in the



*Yellow Lady's Slipper Orchid*



*Tiger Swallowtail*

autumn. Swallowtails, and particularly the Canadian Tiger Swallowtail, seem to be everywhere as I write.

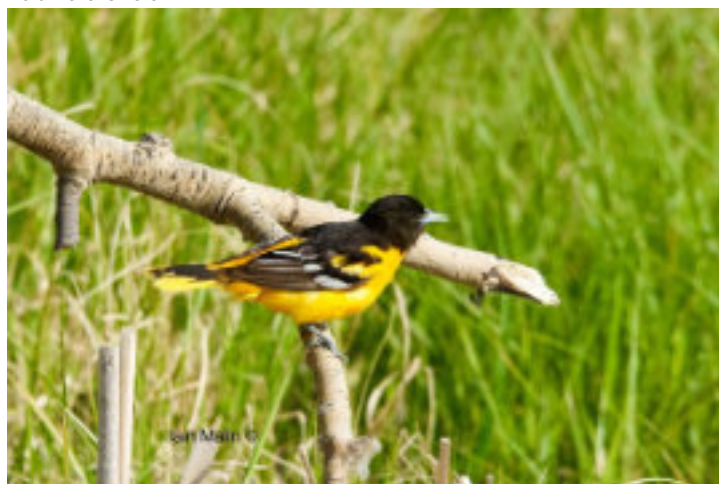
The British Swallowtail (and I mean 'British', a unique subspecies) unfortunately can only be found in the Fens of Norfolk and Suffolk.

As far as animals are concerned, bear warnings are everywhere with updates each week of their whereabouts. Mothers are now out with this year's cubs, which were born during the winter. They are often along the roadsides devouring the copious amounts of dandelions. I saw my first Black Bear doing just that last week.

I'm sure you are aware that it is fire season here in Canada. There are currently some 200 fires and I heard today that the smoke has now reached the UK. Some are covering vast areas and, with strong winds, are proving difficult to get under control. Like the ones on Dartmoor and in Scotland they destroy some of the most threatened habitats and wildlife, which we cannot afford.

As a closing note, and very pleasing to me, a UK government proposal. No matter your allegiance to whatever political party, Ed Miliband's proposal surely makes sense that all new houses, with few exceptions, are to have solar panels. To me this can only be good news and it's about time. I wait to see if this is carried through.

*Baltimore Oriole*





## July - school holidays - see what there is to do in the library



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## Opening Times

Monday	1400 - 1630
Tuesday	1400 - 1630
Wednesday	1000 - 1230
Thursday	CLOSED
Friday	1400 - 1630
Saturday	1000 - 1230

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## A message from our MP

Laura Kyrke-Smith



I am delighted to write for the latest edition of *What's On In Wing* as your Member of Parliament for Aylesbury and the villages.

On 8 May, our communities came together to mark the 80<sup>th</sup> anniversary of VE Day. On 3 May, I was honoured to join His Majesty's Lord Lieutenant of Buckinghamshire, veterans, serving sea cadets and many others at the VE Day celebrations at the Discover Bucks Museum. Thank you to the organisers, including Aylesbury Town Council and the Aylesbury branch of the Royal British Legion.

Earlier this year, I was appointed by the Prime Minister to be a Parliamentary Private Secretary to the Secretary of State for Environment, Food and Rural Affairs, Steve Reed MP. In Parliament I have continued to champion the interests of Wing residents.

I am pleased our Government is bringing forward action to tackle fly tipping. Last year, there were more than 4,000 incidents of fly-tipping in Buckinghamshire.

Councils currently have to bear the significant cost of seizing and storing vehicles but under new plans, being considered by Ministers, fly-tippers will cover this cost, saving councils and taxpayers money.

Any criminals caught transporting and dealing with waste illegally will face up to five years in prison under new legislation. The Government is making available £69 billion to council budgets across England to help fund key responsibilities like tackling fly-tipping.

We need change locally. From housing to SEND, from social care to potholes and pavements, Wing residents raise their frustrations with me regularly. I remain committed to working with Councillors of all parties to serve residents and improve our town and villages for the better.

As always, I am here to listen and to help you. The best way to reach me is on [laura.kyrkesmith.mp@parliament.uk](mailto:laura.kyrkesmith.mp@parliament.uk). I am also sending out a regular E-newsletter to update residents on my work. You can sign up for the mailing list via my website, [www.lauraforaylesbury.org](http://www.lauraforaylesbury.org).

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INSTITUTE



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Rothschilds  
and the Vale  
of Aylesbury."  
Speaker:  
Adam Smith

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Thursday 17th July 2025  
19:30-22:00  
Wing Small Hall

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	Tai Chi		Large Hall	1100-1200	Norma Collins norma.tai.chi@hotmail.co.uk	07947 672069
All except 1 <sup>st</sup> in month	Badminton Club		Large Hall	1900-2300	Gary Stevens	07769 074570
1 <sup>st</sup> in month	Bingo		Large Hall	1930 start	Christine Stray	07896 666498
	Library			1400-1630		
<b>TUESDAY</b>	Dance Class (adults)		Large Hall	1000-1300	Adrian Marsh	07906 988880
3 <sup>rd</sup> in month	Pop-In (Age Concern)		Small Hall	1345-1545	Janet Ratcliffe	01296 720946
Term time only	Street Dance		Large Hall	1530-1830	Kiri Fitzgerald	07988 161043
2 <sup>nd</sup> in month	Gardening Club		Small Hall	1930-2130	winggardeningclub@hotmail.co.uk	
	Badminton Club		Large Hall	1900-2300	Gary Stevens	07769 074570
Last in month	Parish Council Meeting		Small Hall	1930-2200	wingparishclerk@gmail.com	
Term time only	11+ tuition for years 4 & 5		The Snug	1705-1915	Rachel Harris hello@rachelharrisprofessional tutoring.co.uk	
	Library			1400-1630		
<b>WEDNESDAY</b>						
1 <sup>st</sup> in month	Art Appreciation		Small Hall	1400-1600	Bobbie Ward	01296 681982
Fortnightly	Lunch Club (over 60s)		Small Hall	1200-1400	Sue Nightingale Richard Webb	01296 682999 01296 681516
	Dance Class (adults)		Large Hall	1830-2200	Adrian Marsh	07906 988880
	Table Tennis		Small Hall	1830-2300	Zita Pascoe leightonbuzzardttc@gmail.com	07517 018889
	Library			1000-1230		
<b>THURSDAY</b>	Tots Bop		Large Hall	0930-1200	Rachel Kenning	01525 237474
Term time only	Lacemaking		Small Hall	0930-1130	Bobbie Long	01296 624179
	Yoga		Large Hall	1900-2000	Kim O'Hanlon	07770 450788
3 <sup>rd</sup> each month	Wing WI		Small Hall	1900-2200	Val Fielder	01296 688044
<b>FRIDAY</b>						
	Line Dancing		Large Hall	1045-1400	Adrian Marsh	07906 988880
	Library			1400-1630		
	Table Tennis		Large Hall	1900-2230	Zita Pascoe leightonbuzzardttc@gmail.com	07517 018889
<b>SATURDAY</b>	Library			1000-1230		
<b>SUNDAY</b>						
Term time only	Wing Singers		Large Hall	1645-1915	Angie Varey wingsingers@yahoo.co.uk	07908 653006
Any day	Snooker Club				David Turner	07392 482415

### CONTACTS

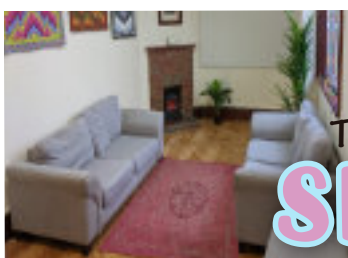
#### Regular bookings

Sheila Lambert: 01296 682795  
sjlambert49@gmail.com

#### One-off bookings (parties, weddings etc)

Stephen Payne: 07555 722315  
stephenpayne3@hotmail.co.uk

Hall rental charges are in a separate notice in this issue.



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www.winghall.org

Wing Village Hall

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This month we've been keeping busy getting up to date with maintenance. We've been getting tracks levelled and ready for the harvest months, and we're still cleaning and blowing out the grain store, ready for the corn. The winter barley has been changing colour and the combine will be out very soon!

We had some very good news on the cattle front with a clear TB test. It's been a very difficult seven months with re-testing the cattle every 60 days. This new clear test means we don't need to re-test the herd for six months. Recently we had to test which meant getting all the stock in from the fields and into the sheds for a week. It's safe to say they were not happy about it! Lots of protesting moos and a few escaped calves out the sheds added stress to the week!

But now that we're TB clear we can sell to our local market, which is Thame. The choice of livestock markets has reduced dramatically over the years. Not so long ago, in addition to Thame, we could choose Leighton Buzzard, Winslow, Banbury, Aylesbury, Northampton and others. The only practical alternatives to Thame today are Rugby or Thrapston, neither of them what you would call local.

With the weather looking hot we will be looking to make hay. Getting hay right can be tricky. Once it's cut, it has to dry in the wind and sun, then be turned, until it's ready for the baler. The hay should ideally be 14% moisture content. Anything more can cause problems with mouldy hay, or bales can even combust, especially when packed tightly into the



Alex Warren

shed. - and if it gets rained on, we then have to wait again for good drying weather.

But we are lucky, as it's a fairly easy operation compared to the old days. My father talks about when all the hay was in small bales, hand balling every one of them into a shed. They'd collect and stack around 25,000 bales - must have been hard work on a hot day!

The development of farming technology has been fantastic, from better machinery to better ideas (and bigger bales), making farmers' work easier and more efficient. I count myself lucky as I live in the time where I don't have to hand-collect 25,000 bales!



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# CARE CENTRE TO RE-OPEN SOON

You'll see from the advertisement in this issue that Wing View Care Centre is planning to open for guests this summer - which must mean soon.

It's great news. Carey Lodge, as the centre was known previously, struggled to recruit senior management and closed in late 2021. The village felt the absence of an important village facility. Now part of the Orders of St John Care Trust, Wing View Care Centre has been refreshed and revived, and is set to renew its role at the heart of our community. Has the wait been worthwhile?

Wing View will cater for a wide range of needs. It's been designed as four households, each with a different specialist focus: dementia care, residential care, respite care and day care. Each household has its own care team, sitting room and dining room, so residents can enjoy more of a home-from-home experience.

The centre has accommodation for up to 75 residents, each with a spacious bedroom/sitting room with its own wet-room shower facilities. There's a private dining and entertainment room, a hairdressers and beauty



salon, cosy lounges, and open garden spaces and terraces with seating areas. There's even a café bar, open to the public.

Round-the-clock care will be provided by a friendly, professionally trained team, supported by a visiting doctor and chiropodist. Dedicated Activity Coordinators help organise coffee mornings, trips and excursions, birthday parties, arts and crafts, individual pursuits, concerts, seated yoga and barbecues. Other activities include church services, school visits (Wing View is next door to both Overstone Combined School and Wing Secondary School). Wing View will even have its own minibus.

Wing View will also boast a talented chef and kitchen team, providing balanced diets, based on seasonal foods and daily-changing menus, with constant availability of snacks and drinks.

Wing View's stated aim is to ensure that all residents enjoy a fulfilling and independent lifestyle, with care tailored to their individual needs.

Much of this article has been gleaned from Wing View's own promotional material, and we don't yet have an official opening date. The Orders of St John Care Trust was approached for comment. You can find out more about the Care Centre at [www.osjct.co.uk/wingview](http://www.osjct.co.uk/wingview).

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The advertisement features a central white circular overlay with text and logos, set against a background of various food dishes including a steak, salmon, and vegetables.



## Wing Parish Council News



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issues**

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facilities  
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**Be a  
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village**

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of the village**

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mental  
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For more information  
email: [wingparishclerk@gmail.com](mailto:wingparishclerk@gmail.com)

### Parish Council Contact Information

For more information, news and updates from the Wing Parish Council, please find us on: Facebook, @wingparishcouncil, or visit our website [www.wingparish.org](http://www.wingparish.org); Instagram @wingparishcouncil; Email: [wingparishclerk@gmail.com](mailto:wingparishclerk@gmail.com).

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# Meet our new Councillors

**With elections now behind us, our two Councillors for the new Buckinghamshire Council ward of Bierton, Kingsbrook and Wing are Cllrs Julie Ward (Conservative) and Kathy Gibbon (Reform).**

The business of Council has got underway with appointments being agreed and Chair places elected. Buckinghamshire Council sees a change in Leader following the election of Cllr Steven Broadbent. Cllr Julie Ward has been appointed to the new Cabinet with a role as Deputy Cabinet Member for Resources, focusing on Town Centre Regeneration and appearing at Finances & Resources Select Committees. Cllr Kathy Gibbon has been appointed to serve on the Pension Fund Committee and Senior Appointments and Pay Committee.

Priorities for the new Council will include the development of the new Local Plan, something that will touch the lives of all Buckinghamshire residents in one way or another. It was therefore good to attend the recent Parish Council public consultation exercise in Wing relating to the Neighbourhood Plan, where Julie was able to meet residents and listen to their views on the future for Wing.

On a broader front, we have just seen the outcome of the Government's Spending Review and the response from Buckinghamshire Council has not been positive, with no clear answers on services such as SEND and Adult Social Care. The review falls short where Local Government is concerned and Buckinghamshire Council is committed to continue to press for funding for the services our residents rely on.

Locally, we have seen further closure of the A418 into Aylesbury for the resurfacing of the road through Bierton as part of this Council's record £120m investment in our roads. There is no doubt that the work needed undertaking and night time closure was seen as the least disruptive method for delivery, given the impact long periods of closure has already had on residents using this road.

Using newly adopted civil powers, Buckinghamshire Council has issued it's first fines to people captured in the act of littering from vehicles. We are

now able to issue £500.00 penalty notices, so please, if you have dash cam footage of people littering our communities, do send it to us.

Buckinghamshire Council has conducted a successful partnership operation with teams across Parking Enforcement, Fraud, Blue Badge, along with Police Community Support Officers (PCSOs), coming together to tackle the misuse of Blue Badges.

The enforcement initiative focussed on identifying and addressing the abuse of Blue Badge permits, along with educating motorists on the inappropriate use of disabled bays.

The operation coincided with the national Blue Badge Day of Action on 30 May, when local authorities across the country united in a collective effort to tackle misuse of the scheme.

During the operation, a total of 151 Blue Badges were inspected. As a result, 23 Penalty Charge Notices (PCNs) were issued.

Investigations are ongoing, and prosecutions may follow where appropriate.

Finally, we would like to conclude this month by saying that we look forward to meeting as many of you as possible over the forthcoming months.



kathy.gibbon@  
buckinghamshire.gov.uk



julie.ward@  
buckinghamshire.gov.uk

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\*Rehearsals held on Sundays during school term time

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Opening  
summer  
2025

# Wing View Care Centre

In the heart of Wing village, a new care home is taking shape

Wing View Care Centre is a vibrant, purpose-built home where every day will be shaped by the people who live here. Whether you're visiting for the day or joining us for the next chapter of life you will feel safe, supported, and truly at home.

## Living well, your way

We believe great care is about meeting needs and celebrating lives. That's why we take a lifestyle-led approach, offering rich experiences and exceptional amenities:

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Residential care | Dementia care | Respite care | Day care

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## Linslade - £375,000

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## Drayton Parslow - £450,000

Four Bedrooms | Modern extended kitchen | Spacious living space | Village Location | Sunny Garden



## Nash - OIEO £900,000

Five Bedroom Detached | Detached Double Garage | Stunning Views | Village Location



## Leighton Buzzard - £120,000

Over 60s Retirement Apartment | No Upper Chain | Walking Distance To Town | Communal Facilities and Lift



## Wing - £699,950

Chain Free | Village location | Four bedrooms | Large Kitchen Diner | Ensuite To Master Bedroom



## Newton Longville - OIEO £380,000

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# Deakin-White



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## Ivinghoe - £300,000

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## Nash - £575,000

Four Bedrooms | Detached | Modern with character features | Spacious kitchen | Village Location



## Aspley Guise - £350,000

Chain free | Two double bedrooms | Semi-Detached | Spacious garden with a summer house | Side access



## Wing - £300,000

Two Bedrooms | Victorian terrace house | Village Location | Grammar School Catchment | Loft Room



## Heath & Reach - £600,000

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PRESENTS

# ***the greedy souls***

***oasis tribute***

*Saturday 2nd August 2025*



This is a ticket only event and can be bought on line scan the code for more information and to buy your tickets.







## Wing Village F.C.

By Tim Smith

For the first time in many years, we completed a season with two competitive teams as we introduced the mighty Devs to our ranks. At the start of the year both teams entered a total of five competitions each.

The first team started well, but struggled for a consistent team and results were slow to come in the League. We stayed around mid-to-low in the table for much of the season. In the Cups however it was a different story. We had a good run in the County Cup, getting to the third round. The Marsworth Cup ended in a disappointing fashion, when we were knocked out against the run of play against AWFC. When it came to the League Cup competitions however, we did even better, reaching the quarterfinals of the Interdivisional Cup and the semi-finals of the Premier League Cup.

The mighty Devs are a team made up mostly by the former Wing Raiders U17s. They are very young and, for the majority of the lads, this marked their first time playing adult football and in a competitive league. This showed as they started slowly in the league, but as they got used to the physicality they gained momentum and the results came in. In the end they were fighting for a promotion until the last few games of the season. In the County Cup they struggled and were knocked out in the first round against a strong Wendover team. It was the same in the Marsworth

### The FA

### Premier

POS	Team	P	W	D	L	GD	PTS
1	Stowley First Team	22	18	1	3	40	55
2	MK United Mens 1st	22	17	2	3	38	53
3	Great Horwood First	22	14	4	4	23	46
4	Old Bradwell United Development	22	11	3	8	31	36
5	Willen Men	22	9	7	6	18	34
6	Hanslope First	22	9	6	7	17	33
7	Tingford United First	22	7	7	8	-6	28
8	AFC Carpathians First	21	7	4	10	-16	25
9	Wing Village First	21	6	4	11	-13	22
10	Marsh Gibbon First	22	5	5	12	-18	20
11	Milton Keynes City FC	22	3	2	17	-49	11
12	Newport Pagnell Athletic First	22	2	1	19	-65	7

**PLAYER RECRUITMENT**

We are now recruiting for the 2025/6 Season! All players Old and New are Welcome to apply.

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Or Contact us via our Facebook page  
Wing Village FC

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# SPORTS ROUNDUP

by Sue Corcoran, Sports Editor

Reserve Cup. I feel these fixtures came a little too early for our young team. In the league competitions the Devs had a very similar story to our first team. They ended at the quarterfinal stage in the Reserve Team Cup and again the semi-final in the Div 1 Cup.

All in all, it was a mixed but successful season for Wing FC and we look forward to building on this season into 2025/26.

### The FA

### One

POS	Team	P	W	D	L	GD	PTS
1	Grid City FC Grid City Warriors FC	24	20	1	3	74	61
2	Stowley Development	24	15	4	5	21	49
3	Milton Keynes Athletic First Team	24	15	2	7	24	47
4	Deanshanger Athletic Reserves	24	15	2	7	22	47
5	Wing Village Development	24	13	2	9	10	41
6	MK United Mens Reserves	24	13	1	10	6	40
7	Great Horwood Reserves	24	12	2	10	4	38
8	Newport Pagnell Athletic Reserves	24	11	2	11	0	35
9	Royal British Legion Bletchley First	24	11	2	11	-10	35
10	Milton Keynes City FC Reserves	24	10	1	13	24	31
11	Silverstone Football Club Reserves	24	6	2	16	-52	20
12	Real MK Reserves	24	2	2	20	-57	8
13	Leighton Woodside Athletic	24	1	1	22	-66	4



## 'In The Ditch'

News from  
Wing Village Bowls Club  
by Salli



Unfortunately I have to report that we failed to retain the Spooner Trophy as we lost out to Cheddington by 20 points. It was a very bleak Bank Holiday Monday when we played and, at the end of the second round, our tiny hands were frozen so what with that and being unable to move due to the amount of clothing being worn it was a most unenjoyable day. There was some excellent bowls played though and it was a real tussle, unfortunately poor old Winslow were right out of it from the beginning as they lost on every rink. Still, Wing Village have held it for the past three years so it was only right that another club should find room for the enormous trophy which adds extra dusting to the cleaning rota.

The season at the moment is very mixed, with wins and losses, but we're doing ok and holding our own especially when playing clubs with three times as many members. We have held two open days so far this year with little luck at attracting new members. Our last effort a few weeks ago was during the Big Bowls Weekend so, despite extensive advertising by Bowls England and ourselves, we had no takers during the afternoon and I know we're not alone in this being the case. It's such a shame as Bowls is such a great game and not as simple as it looks. We have moved on from having to wear 'whites' as all clubs have their own colours and trousers.

We have managed to attract a junior this season which is terrific, but it would be wonderful for her to have someone her own age to learn and practice with. It's also important to have younger people so that the club has a succession plan in place, otherwise with no one to take on the committee roles, the club will fade and die which would be such a great shame.

July sees a lot of Home Games being played, so if anyone wants to spend an afternoon watching some skilful bowls being played and enjoying a drink from the bar, please come across to the Bowls Green and join us - you'll be made very welcome.



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They know every inch of the ancient route.

They come to pay taxes, and to seek justice,  
They come together to settle their scores.  
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Without the constraint of rooves, walls or doors.

Fast forward to a world where life has evolved -  
We are building in every direction.  
Places for living and working and learning,  
So fast there is no time for objection.

A school celebrated by changing its name,  
Choosing to reflect on the distant past.  
May the developers who build homes in Wing  
Use wisdom and knowledge, and build them to last.

© Sally 14.6.2025

*"hlaw" means rounded hill or burial mound or tumulus. They were often boundary markers. "Hundreds" were Anglo-Saxon judicial areas from 970 onwards. The Cotteslai Hundred is mentioned in the Domesday Book of 1086.*

*Wing County Secondary School (open in 1960) changed its name to Cottesloe School in 1993, when it became grant maintained.*

*The motto, since 1960, is "Give me now wisdom and knowledge" from 2 Chronicles 1:10. The swan is the emblem for Buckinghamshire; the spade and open book show the importance of both practical and academic work.*







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# Gardener's Diary

By Rosie Richardson, Wing  
Gardening Club

## Some Tasks for July



**July is a good time to lift and divide any old, congested clumps of Bearded Iris. The picture above is a variety called Braithwaite and is very striking when in full flower. They originate from the Mediterranean region and are very drought tolerant. They are a good plant for the front of the border to allow their rhizomes (the brown knobbly lump that sends up spiky leaves) to bake in the sun. Gently lift the clump out of the soil with a fork and then separate the younger pieces of rhizome, discarding the old pieces. Reduce the foliage to about 15cm from the root in a fan shape. This reduces the water loss from the leaves and prevents the plant being blown over in strong winds until it can get its roots down. It can then be replanted in a shallow hole, leaving the top of the rhizome at ground level. Water well after dividing, especially if we have very hot weather.**

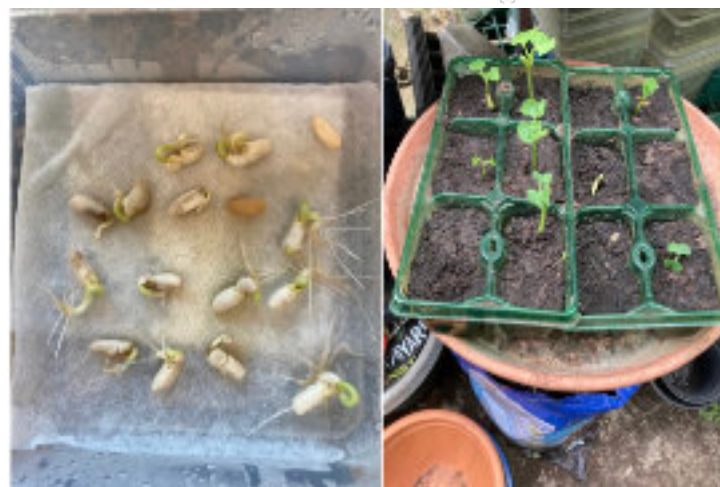
Oriental poppies can be completely cut to the ground now they have finished flowering. It's a good idea to give them some water and they should send up a new flush of leaves. I want to expand my number of Oriental poppies, but the seeds don't tend to come true. I'll be taking root cuttings from these in autumn once the plant is dormant. To take root cuttings you dig the plant up and cut a 4" length of root that is about pencil thickness (don't take more than a third of the plant's root system) and then replant the parent plant. Pop the root into a pot of gritty compost to allow for good drainage. Water - and wait for signs of life.

Continue dead heading roses to encourage more blooms. I will be using a liquid feed from time to time to bolster the flower production. I've found liquid feeds better to use with an inquisitive dog around, but these are not quite as effective or long lasting as granular feeds.

Keep on top of watering in the vegetable garden to ensure good harvests. I'm trying onions again in the vegetable garden - a sweet variety called Walla Walla. These should be getting close to being ready. I'll lift them when the green foliage turns yellow and starts to flop. I've not grown onions for a while as the last crop all had white rot (a fungal disease that affects onions, garlic and leeks) which tends to remain in the soil for quite a few years.

This month I'll be sowing Cavolo Nero (Italian black kale) and Swiss chard. I sow these in modules and grow on ready to transplant in August. We should be able to harvest some leaves later in the autumn and then early spring. Another sowing of beetroot and dwarf beans can be made this month ready to plant out for late beans.

Dwarf bean germination this year has been absolutely dreadful. Two sowings in modules failed, either by rotting or perhaps mice? I then



resorted to chitting between damp pieces of paper towel and...major success! They sprout roots within a couple of days and can be planted into modules for growing on. I'm now learning to grow into more sizeable plants before planting out to try and deter slugs. The courgettes were planted out with plastic halos and copper tape and then lots of crushed eggshells around the stems. We'll see if they work. The scouring pads that I used last year are back out and looks as though they've worked again.

Our speaker for the July 8<sup>th</sup> meeting will be Kathryn Clover on Foraging. Sounds interesting.

Happy gardening.

**WING GARDENING CLUB**




**Kathryn Clover**  
<https://www.facebook.com/hedgewitchadventures>

**Foraging**

"Kathryn will explain foraging techniques and how she identifies edible plants. She can create imaginative dishes, fermented foods and herbal medicines through the seasons."

**Tuesday 8<sup>th</sup> July 2025**  
**WING VILLAGE HALL**  
 Small hall at rear 7.30 for 8pm start

More information from Christine via [winggardeningclub@hotmail.co.uk](mailto:winggardeningclub@hotmail.co.uk)

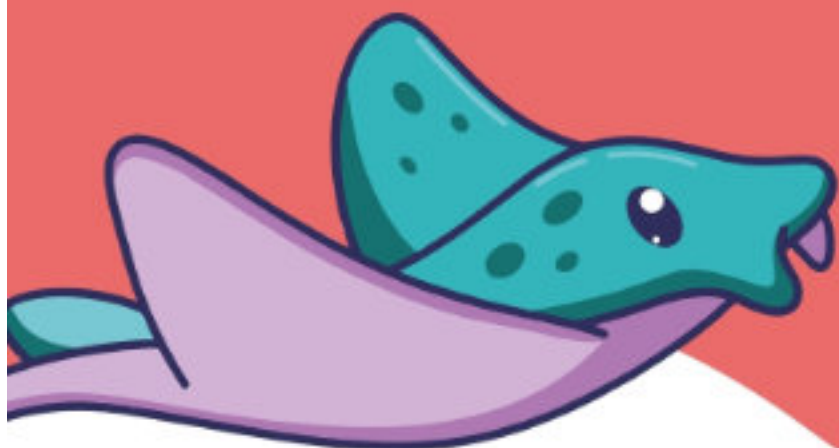
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*Wing Gardening Club meets on the second Tuesday of the month in Wing Village Hall. For further information e-mail [winggardeningclub@hotmail.co.uk](mailto:winggardeningclub@hotmail.co.uk)*

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**Following the Local Elections in May, Buckinghamshire Council has now formed a new Cabinet under a new leader, Steve Broadbent.** The Conservatives won with 48 of the possible 97 seats and have chosen to move forward without a majority or coalition. There will be some cross-party work as the select committees, who scrutinise the work the cabinet bring forward, are now largely chaired by opposition party Councillors. This is a change. Scrutiny is an extremely important element of shaping policy, and this is a more rounded way for it to be undertaken.

With planning, housing, education, and adult social services being very important to Wing residents, there will be lots to report back from the Council and Cabinet meetings in coming months. The emerging Local Plan is going to be a key policy as this will give us our definitive quota for new housing. Thank you very much to all those that participated in the survey for allocating sites to our Neighbourhood Plan. Our Neighbourhood Plan is a legal document in the planning



## COUNCIL EYE

How local government works for Bucks and Wing

by Helen Sunday,  
Chair, Wing Parish Council

framework that will give us some agency in shaping development that is coming.

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# Overstone Combined School Celebrates 175 Years of History

On Wednesday, 4<sup>th</sup> June, Overstone Combined School proudly opened its doors to parents, grandparents, members of the community, former pupils and staff to celebrate the 175<sup>th</sup> anniversary of the very first Overstone School.

To mark this special occasion, the school was transformed into a living timeline, showcasing key historical events from 1850 to the present day. Teachers, teaching assistants and pupils worked collaboratively to research, create, and present a journey through time, offering visitors an engaging and educational experience.



**Year Six – 1850–1880.** Year Six pupils brought the Victorian era to life by acting out notable events. Highlights included a presentation on Victorian crimes, an exploration of Charles Darwin's discoveries, and a powerful play on the Victorian class system. One particularly convincing performance featured a beggar who earned £7.50 from generous onlookers, thanks to her realistic portrayal!



**Year Five – 1880–1910.** Year Five created an interactive classroom trail, filled with facts and handmade models. Visitors learned about the invention of Coca-Cola (1886), marvelled at the innovations of Nikola Tesla, and were invited to share their thoughts on women's suffrage.



**Year Four – 1910–1940.** The spirit of the Roaring Twenties filled the Year Four classroom. Pupils presented a lively flapper dance on screen, alongside informative displays about Louis Armstrong and the tragic sinking of the Titanic.

**Year Three – 1940–1970.** Year Three's classroom was transformed into a treasure trove of information on World War II, covering topics such as rationing, fashion, toys, and sports of the time. A standout feature was a replica air raid shelter, inspired by the one that once stood on the school grounds.

**Year Two – 1970–2000.** Year Two created a toy museum filled with nostalgic items from the late 20th century. Children also designed their own toys—perhaps future museum pieces! The display brought back many fond memories for our visitors.

**Year One – 2000–2020.** Pupils explored the impact of digital technology on education, showcasing how they use iPads in their learning. Their display also featured impressive portraits of King Charles III.

**Reception – 2020–2024.** Reception children reflected on kindness and community, displaying their thoughts on face masks. They created Banksy-inspired artworks, later transformed into a dress celebrating the life of Queen Elizabeth II. They also learned about Sir Elton John, making sparkly glasses to wear while his Glastonbury performance played.

**Pre-School – 2025.** To represent the present day, Pre-School pupils shared activities and work from this academic year, reminding visitors that today's children are tomorrow's history.

The journey through time ended in the school hall, where visitors were treated to a delightful cream tea—kindly donated by a local resident and served by the school's PTA. As everyone enjoyed their refreshments, the school choir performed assembly favourites, including He's Got the Whole World in His Hands and Sing Hosanna.

A heartfelt thank you to everyone who joined us to celebrate this momentous milestone. We hope you enjoyed reminiscing and reliving memories of Overstone Combined School, and we look forward to welcoming you again soon.





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## Crossword solution



## Sudoku solution

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1	7	9	8	2	4	6	5	3
3	2	8	9	5	6	1	7	4
7	3	1	4	8	2	5	9	6
5	8	2	6	9	3	4	1	7
6	9	4	1	7	5	3	8	2
2	4	3	5	1	7	9	6	8
9	5	6	2	4	8	7	3	1
8	1	7	3	6	9	2	4	5

## Codeword solution





**We have at least six defibrillators in Wing - here's how to access some of them.** A defibrillator is a device that give a pulse of energy to the heart. It helps get the heart beating again when someone has suffered cardiac arrest and their heart has stopped. Defibrillators are commonly called defibs, or AEDs (Automatic External Defibrillators), or PADs (Public Access Defibrillators).

Defibs can be very effective first aid for cases of cardiac arrest. The sooner they are used, the greater chance they have of saving a life, so knowing the location of the nearest defib can make a big difference. Using CPR (chest compressions and rescue breaths) and a defib can double, or even as much as quadruple, the chances of survival.

Location	Availability	Contact
Community Lounge, Wantage Crescent	24 hours	
Wing Hall	24 hours	
Ashcroft Surgery	Surgery hours	Reception
Wing Surgery	Surgery Hours	Reception
Overstone School	School hours	Reception, otherwise 999 for gate code
Cottesloe School	School hours	Reception

#### How to find a defibrillator.

You can call 999. If you know your location, the operator will tell you where to find the nearest device.

You can check on-line. There are several websites and apps. However, most of them depend on the providers of the defibs to identify themselves. We haven't found any app or website that shows all the defibs in Wing, but the best website so far is called [defibfinder.co.uk](http://defibfinder.co.uk).

# FIND A DEFIBRILLATOR NEAR YOU



Wing Hall



Community Lounge



Overstone School

#### Wing Defibs

Not all the defibrillators in Wing have unlimited public access, or are sited at outdoor positions. The table on the left shows what we know so far. If you know different, please let us know.

#### Using a defibrillator

Anyone can use a defibrillator. You do not need training. Once you turn it on, it will give clear step-by-step voice instructions. Many defibrillators also have visual prompts and images showing how to use it. The device checks the person's heart rhythm and will only tell you to give them a shock if it's needed. You cannot shock yourself or someone else accidentally.



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# Health & Wellbeing

By Natasha Richmond

## Dealing with Hay Fever

Hay fever season is in full swing, and if you're one of the millions who start sneezing the second the flowers bloom or the grass gets cut, you'll know exactly how irritating (and sometimes debilitating) it can be. But there is some good news - there are some simple things you can do (and eat) to make the whole experience a little more bearable.

So, firstly, what exactly is hay fever? It's actually just your immune system reacting to pollen. When you breathe pollen in, your body reacts and releases histamines, which are natural chemicals produced by your immune system as part of your defence mechanism. It is these histamines that cause a runny nose, watery eyes, sneezing, and an irritated throat.

So if you suffer, what can you do to make things better? Over-the-counter antihistamines like cetirizine or loratadine are the obvious first line of defence, especially if you take them before your symptoms kick in. You can also use nasal sprays and eye drops which can help soothe inflammation and stop an itchy nose or eyes. But what about more natural remedies?

There are certain foods that can actually help ease symptoms and calm your immune response to pollen. These foods are rich in quercetin (basically nature's antihistamine) and they are apples (especially the skin), onions, kale, broccoli, nuts, asparagus, tea and some berries. Although strawberries and raspberries actually contain histamines (but the verdict is out on whether these are bad to eat for hay fever sufferers!) maybe avoid these when you're at your worst.

Vitamin C is another hay fever hero. It's a natural antihistamine, and it helps reduce inflammation. So load up on citrus fruits, kiwi, and red peppers. These also give your immune system a nice little boost too. And if you love spicy food, things like chilli peppers and horseradish can

actually help clear out your sinuses.

Also, don't underestimate the power of local honey. The theory is that eating a bit of honey made from local pollen helps your body gradually build tolerance. It's a bit controversial and studies are mixed, but there's no harm in giving it a go.

Probiotics are worth mentioning too. A healthy gut supports a calmer immune system, so foods like yogurt, kefir, sauerkraut and miso might help tone down your allergic reactions.

Beyond the plate, here are a few non-food tricks. Keep your windows shut on high-pollen days, and shower after being outside to wash the pollen off your skin and hair. Sunglasses help to shield your eyes, and maybe try some Vaseline around your nostrils to trap pollen before it can be inhaled.

So while hay fever season can be a bit miserable, there's no need to suffer in silence. A few tweaks to your diet and daily habits might really help, so why don't you give some of them a try?

Natasha is a Wing resident, personal trainer, fitness instructor and nutrition coach.  
[trainersandbananas@outlook.com](mailto:trainersandbananas@outlook.com)



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## Did You Know?

Have you noticed that the special landmark, Whipsnade's white lion, (which is 147m (483ft) long and has existed since 1933), is much more visible now from Wing since it was recently hand-weeded by volunteers.

Even better news is that the lion will be brighter and better soon, as it is to be re-chalked this summer with some 1,100 tons of chalk, so bringing it properly 'back to life'. This work on the lion forms part of the celebrations of the 200<sup>th</sup> anniversary in 2026 of the Zoological Society of London (ZSL), to which Whipsnade belongs.

Although the Whipsnade lion provides advertising for Whipsnade Zoo, 'tis said that originally it was constructed to warn pilots not to fly too low into Luton and thus scare the animals.







### TRAINED FOR LIFE

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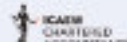
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# TALKING DOG

with Neil Smith



## Friends You Would Rather Not Have!



### Fleas

The most common external parasite affecting dogs are fleas. Not only do they enjoy feeding off the dog's blood, but they will quite happily feed off humans too, and these bites cause skin conditions that are very irritating.



Skin problems are one of the most common causes of trips to the vets. Once the dog has a flea infestation it is necessary to take action to treat the dog, its bedding and your home, as these little critters love a cosy environment. Generally, fleas are passed on from contact with other infected dogs or animals, such as foxes or rabbits, and they can live in carpets or bedding for quite a long period of time. There are several different options to remove fleas. Medicated

products can be obtained from your vet and applied directly to the skin, or taken in tablet form. Alternative, natural products, are also effective and can be added to the dog's food on a daily basis - products like 'Billy no Mates', a herbal remedy option.

### Lice

There are two types of lice, biting lice which feed off the skin of their host and sucking lice that feed on blood. These lice are different from human lice but, similarly, they glue their eggs (nits) to the strands of hair. It is these eggs that are most noticeable to the human eye, although they can be mistaken for dandruff. The lice themselves are very small and often unseen. Lice will attach to any part of the body and a severe infestation of the sucking lice can result in the dog suffering from severe anaemia, which would need to be treated with nutritional supplements and iron in a well-balanced diet. An affected dog will need to be shampooed weekly with a specially medicated shampoo to clear their coat.

Spraying their bedding and sleeping area as well as any grooming equipment is also necessary.



### Mites

There are several types of mites, but the two common types are demodectic mites and ear mites, both of which are rarely visible to the naked eye. Demodectic mites aren't contagious and they live in the hair follicles, favouring around the eyes and feet. These mites cause crusty red dry skin and hair loss. Generally they are passed from the mother to the pups at an early age. Ear mites affect the dog's ears, causing them to shake their heads a lot and constantly scratching them. The inside of the ear will be inflamed and an unpleasant smell will be noticed along with a dark discharge. These mites can be tackled with medicated ear drops, which are an effective treatment.



### Ticks

Ticks are about 2-5mm in length, but can swell to many times this size when they have gorged on blood. They will attach themselves to any part of the dog but particularly like to be around the ears or between the toes. Once the tick has jumped onto the dog it will bury its head into the skin and start to feed on blood. Ticks carry infectious diseases like Lyme disease which is dangerous to both dogs and humans. The best way to remove a tick is to use a little gadget which looks like a bent fork. By slipping the body of the tick between the prongs and gently twisting you can remove the head along with the body. Once the whole tick has been removed, treat the local area with antiseptic.





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# OUT & ABOUT

Walk and photos by Arthur Jones

Approx 1¼ hrs

Approx 3.25 miles (5.23 km)

Elevation gain 228ft

Map: © OpenStreetMap contributors

(Equivalent OS Explorer map: 181)

NB: streetmap.co.uk will enable you to print off a map with footpaths and field boundaries.

## Ashridge House & Golden Valley

Starting from the stunning Ashridge House this is a medium level walk through valleys and woodland with some great views over the Hertfordshire countryside along the way.



- ▶ Park in the car park at the front of Ashridge House.
- ▶ Exit the car park and walk down hill, on the footpath parallel to the road and away from Ashridge House, following the footpath toward a white bar gate ahead.
- ▶ Where the road bears left, continue along the footpath and down into Golden Valley straight ahead.
- ▶ At the bottom of the valley turn right and walk along the valley for about ¼ mile, to where it narrows.
- ▶ Ignore the waymarker signs on left and take the bridle path uphill on the right. Continue along this path, walking past standing deadwood tree on the left until reaching a gate.
- ▶ Go through the gate and continue along the bridle path until arriving at a wooden gate in the hedgerow ahead. Go through this gate and follow the path through a small wood until reaching a metalled side road.
- ▶ Walk down this road, crossing over College Road to the small car park opposite. From the car park exit at the top left corner and follow a narrow footpath which emerges into an open field.
- ▶ Walk up the hill, keeping the small wood ahead to the right until reaching a fork in the footpath. Take the path to the right in the direction of an earth mound ahead and continue until reaching the woods.

- ▶ Enter the woods following the bridle path, and at the junction take the route on the right, continuing through the woods, emerging at a clearing with Wood Cutters cottages to the left.
- ▶ Take the wide gravel road on the immediate right for several hundred yards. Where the road bends sharply to the right, on the left is a wooden gate and two footpaths. Take the footpath to the right leading uphill.
- ▶ Keep the fenced field to the left, turn at the corner of the fenced field and continue along the footpath until reaching a footpath crossroad. Take the footpath to the right and at the footpath T junction turn right and continue through the woods until reaching College Road by Ashridge House.
- ▶ Cross over the road, follow the footpath back to the car park and enjoy a light post walk snack in the Bakehouse café in the courtyard.



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- Support overall health
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- Support energy levels
- Encourage food enjoyment
- Encourage ideal nature and behaviour



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# A Pair of Seasonal Recipes

by Margaret Redler

## Courgettes are here again

Anyone who has ever tried to grow courgettes knows that they need to be harvested regularly. Look away or blink and they become marrows! So, as there is only so much ratatouille and barbecued courgettes that any family wants, here are a couple of alternative recipes.

### A Salad (2 portions)

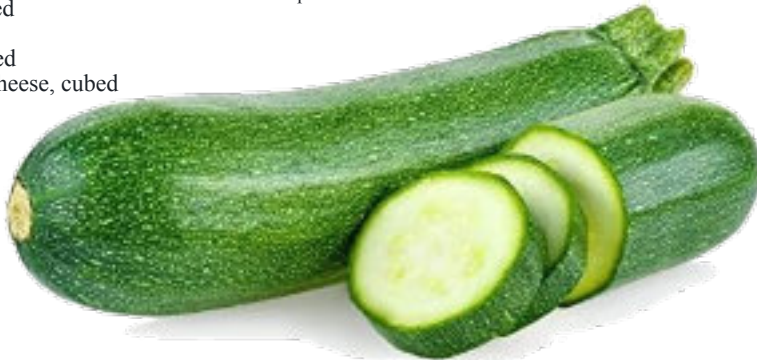
#### Ingredients:

2 courgettes, cut in half lengthways, then into ¼ inch slices  
6 spring onions, sliced  
2tbsp butter  
1 yellow pepper, diced  
100g/4oz halloumi cheese, cubed  
8 cherry tomatoes, halved  
Some salad leaves  
Fresh basil leaves torn into quarters  
Grated rind and juice of half a lemon  
Black pepper  
Olive oil

#### Method:

Melt the butter in a frying pan, add the courgettes, spring onions and pepper. Fry until just tender. Add the halloumi and cook until the cheese is slightly browned. Meanwhile, in a separate pan lightly cook the tomatoes.

Arrange the salad leaves and half the basil onto plates. Spoon the warm vegetables and cheese onto the leaves. Top with remaining basil, some black pepper, lemon rind and juice and some olive oil. Serve with fresh bread or pitta.



### Courgettes & Mushrooms with Crème Fraiche (a side dish, 4 portions)

#### Ingredients:

900g/2lb courgettes      Salt & pepper  
Olive oil                      225g/8oz mushrooms  
2-3tbsp crème fraiche      Juice of half a lemon

#### Method:

Heat the oven to Gas 6/200°C/400°F.

Slice the courgettes thinly and layer them into a baking tray.

Sprinkle with salt, pepper and a drizzle of olive oil and roast in the oven for 20 minutes.

Slice the mushrooms, add them to the courgettes and bake for another 10 minutes.

Stir in the crème fraiche and heat on the hob until the mixture is bubbling.

Sprinkle with lemon juice and serve hot.

### Send us your favourite recipe!

We know there are enthusiastic and capable cooks in Wing, so if you are one, please send us a recipe that we can use. It doesn't have to be 'seasonal' as favourites are always going to be welcome! Send your recipe to: [editorial@whatsoninwing.info](mailto:editorial@whatsoninwing.info)



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## Babysitters



The following young people\* have offered to babysit:

Name	Born	Contact
Tilly Forrest	Dec 2007	07854 918457
Jemima Pye	Jan 2008	07840 944111
Emma Wrighton-Ward	May 2008	07877 198591
Ava Stevens	Oct 2009	07908 739798

*\* The inclusion of a name on this list is neither a recommendation nor an endorsement by the What's On in Wing team.*

—/—

**N.B. If you would like your name included on this list, please email [editorial@whatsoninwing.info](mailto:editorial@whatsoninwing.info) with the same information shown above (please only do this with the approval of your parent or guardian).**



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## YOUR STARS for July by Maggy La Grenouille, MBE



**CANCER Jun 21-Jul 22** Life is treating you badly, madly, sadly. But things are about to change, all for the better, so be gladly. Bigly.

**LEO Jul 23-Aug 22** Your path through life is about to turn a a corner. Actually, more like a hairpin bend. And, frankly, you're heading for it far too fast.

**VIRGO Aug 23-Sep 22** All things come to those who wait. That's true for you this month. But remember, however many of them come your way they are, well, just things.

**LIBRA Sep 23-Oct 22** Now's a good time for a life audit. Balance your mindfulness with spiritual wellness and holistic appraisal. Alternatively, just have another cup of tea and carry on.

**SCORPIO Oct 23-Nov 21** People close to you will try to persuade you that leprechauns don't exist. You may find yourself having to agree that they don't, but they are there.

**SAGITTARIUS Nov 22-Dec 21** This is a fascinating time for you. Nebulous is about to impinge on Mogadon, which means Toyota goes aphelionic. Best buy a blood pressure monitor.

**CAPRICORN Dec 22-Jan 19** July spells a serious bout of selective deafness for all partners of Capricornians. You'll have to tell them at least three times, and then ask yourself why you bother. What? Pardon?

**AQUARIUS Jan 20-Feb 18** Humble is as humble does. That's the watchword for you over the next two or three weeks. So keep a low profile, wear a hard hat, and apologise a lot. It might work.

**PISCES Feb 19-Mar 20** You're obsessed with romance. Why the heck not? Ed Sheeran is unreachable, but you can dream. You're a bloke? Professor Lucy Worsley is equally out of reach. Life is truly hard.

**ARIES Mar 21-Apr 19** Sometimes, your stars shift the balance in weird and wonderful aspects of your life. Expect a brief but thrilling new ability to spot odd socks on everyone except yourself. Baffling.

**TAURUS Apr 20-May 20** You've started to see things differently, recently. Your partner is suddenly even better-looking than ever. You must tell them this.

**GEMINI May 21-Jun 20** Now that birthday's behind you, you're able to settle down to some real work. Focus. Apply yourself. Keep your head down and your standards up. Keep your back to the grindstone, your nose to the wheel.

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